



# LAKE PRESTON PUBLIC SCHOOL

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**Home of the Divers!**

[www.lakepreston.k12.sd.us](http://www.lakepreston.k12.sd.us)

The Lake Preston School Board recognizes that adolescent athletes are particularly vulnerable to the effects of concussion. Once considered little more than a minor “ding” on the head, it is now understood that a concussion has the potential to result in death, or short and long term changes in brain function. A concussion is a brain injury that results in a temporary disruption of normal brain function. A concussion occurs when the brain is violently rocked back and forth or twisted inside the skull as a result of a blow to the head or body.

The Lake Preston School Board also recognizes the importance of insuring the health and safety of the student athlete and has established the following positions to be appropriate health-care personnel to evaluate possible concussions of our student-athletes:

- Medical Doctors
- Physicians Assistants (Local PA is Dannica Callies from Horizon Health Care Clinic)
- Certified Athletic Trainers

In the event a student athlete misses playing time from practice or games, the student athlete must be cleared to play by appropriate health-care personnel listed above. The district will provide a return to play form that needs to be signed by the appropriate health-care professional, the parent, and a school administrator before the student athlete will be allowed to return to play. A copy of the form will be kept in the student’s file.

The Return to Play form is available from the Athletic Director, either of the administrative offices, or the school’s website. Again, the health and welfare of the student-athlete is very important. The student-athlete will not be allowed to participate until symptom-free or until the Return to Play form has all required signatures.